

Mynydd Bedwellte

Ministry Area Pilgrimage

A companion for the journey





Welcome

Welcome to this Mynydd Bedwellte Ministry Area Pilgrimage. Whether you are walking from church to church, joining us at one of the stops, following along from home, or taking part online, we're so glad you're with us.

This pilgrimage is a way of drawing close to God, to one another, and to the faithful witnesses who have walked this land before us. At each stop, we remember the story of a saint connected to the church, reflect on their legacy, and pray for our communities today.

We walk in hope, in prayer, and in faith knowing that God walks with us.

Psalm 139:9-10 - For the Journey

If I rise on the wings of the dawn,
if I settle on the far side of the sea,
even there your hand will guide me,
your right hand will hold me fast.

We are sent

Welcome

We gather at this holy place, giving thanks for the faith of Our Saints, and asking Jesus to bless all we see on our journey.

A Prayer For The Journey

Journeying with you, Creator God,
It is to journey in your world,
full of marvels and such beauty.
To glimpse eternity,
to feel the earth and rock beneath my feet.

Journeying with you, brother Jesus,
It is to journey with your friends.
To meet and travel while together,
The crossroads,
knowing you are with us all.

Journeying with you, Holy Spirit,
It is to journey with the wind.
To move to your wild music
then try to sing your song
so others may hear.

Chris Polhill

Sending

**God of the road, walk with us.
Guide our feet, lift our hearts, open our eyes.
May each step be prayer, each stop a sanctuary,
Each saint a companion on the way.
Amen.**

St George 9.30 AM

Welcome and Introduction

We gather at this holy place, giving thanks for the faith of St George, and asking Jesus to bless this church and its community.

Triumph of Courage

Patron saint of England, St George came from what is now modern-day Turkey. He is remembered as a Roman soldier and Christian martyr, best known for the legendary tale of slaying a dragon – a symbol of good triumphing over evil. He was executed by decapitation for refusing to deny his faith in Christ. His courage and unwavering faith have made him a powerful symbol of Christian bravery and devotion.

Reflection

St George reminds us that standing firm in faith often demands great courage. Though born far from England, his witness has echoed through the centuries. The story of the dragon may be legend, but his refusal to deny Christ—even in the face of death—is real and powerful. May his example inspire us to speak truth with boldness and love, and to live with hope in our communities, proclaiming the Good News of God's Love.

How can we show love boldly today?



Ephesians 6:11–18

Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

Prayer for Tredegar

God of courage and community,
Bless the people of Tredegar.
May this be a place where the weak are
strengthened,
Where truth is spoken boldly,
And where love casts out fear.
Guide all who serve, lead, and care in this town.
May the legacy of St George inspire a new
generation to live bravely and faithfully. Amen.

Sending: To the Pilgrims

Go forward in peace, and may the faith of St George
and the love of Jesus strengthen you on the way.



St David 10.30 AM

Welcome and Introduction

We gather at this holy place, giving thanks for the faith of St David, and asking Jesus to bless this church and its community.

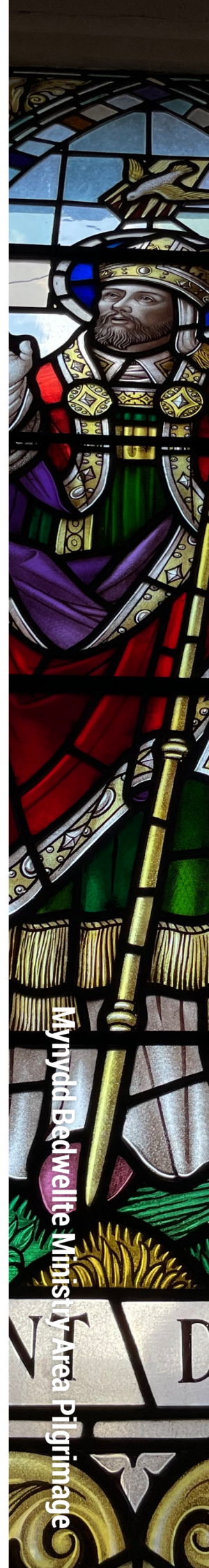
Joyful Simplicity

Patron saint of Wales, St David was a 6th-century bishop, teacher, and founder of monastic communities. Known for his deep piety and simple, sometimes harsh lifestyle, he inspired many with his preaching and leadership. One of the miracles attributed to him occurred at the Synod of Brefi, where the ground beneath him is said to have risen into a hill so he could be better seen and heard – the village of Llanddewi Brefi now marks the spot. A white dove, which became his emblem, was seen resting on his shoulder during this event. His final words, “Be joyful, keep the faith, and do the little things,” continue to inspire many today.

Reflection

St David's life shows that holiness often lies in small, faithful acts. “Do the little things” was his parting message. His simplicity, joy, and faith shaped a nation. He shows us what it is to pass on the faith with clarity and joy. Teaching, baptising, and nurturing new believers. Doing the little things that build God's Kingdom.

What little things can you do to build God's kingdom?



Philippians 4:4-9

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

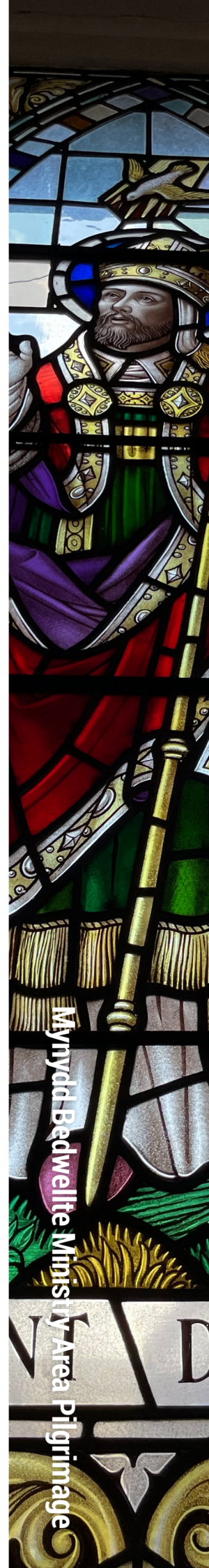
Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Prayer for Rhymney

God of joy and simplicity,
We pray for the town of Rhymney
Let it be a place where small acts of kindness
Grow into deep wells of hope.
May your peace dwell in its streets,
And may the faith of St David continue to shape its
life.
Bless all who live, work, and worship here. Amen.

Sending: To the Pilgrims

Go forward in peace, and may the faith of St David
and the love of Jesus strengthen you on the way.



St Pauls 11.50 AM

Welcome and Introduction

We gather at this holy place, giving thanks for the faith of St Paul, and asking Jesus to bless this church and its community.

Changed for a Purpose

St Paul the Apostle is one of the most important figures in the early Church. Once a fierce persecutor of Christians, he experienced a dramatic conversion on the road to Damascus and became a tireless missionary and teacher. Much of the New Testament is made up of his letters to early Christian communities. His obedience to God's call – especially his mission to preach to the Gentiles – was instrumental in spreading Christianity beyond its Jewish roots. He was martyred in Rome, traditionally believed to have been beheaded.

Reflection

Paul's conversion on the road to Damascus changed everything. He went from persecutor to preacher, from destroyer to builder. His life tells us that no one is beyond God's transforming grace. As St. Paul's transformation is a model for us, we are called by God to see transformation that can take place in our communities through acts of love and service. Saint Paul teaches us to open our eyes to the fact that change can come even unexpectedly.

What in your community needs transformation?



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Acts 9:3-9

As he neared Damascus on his journey, suddenly a light from heaven flashed around him. He fell to the ground and heard a voice say to him, "Saul, Saul, why do you persecute me?"

"Who are you, Lord?" Saul asked.

"I am Jesus, whom you are persecuting," he replied.

"Now get up and go into the city, and you will be told what you must do."

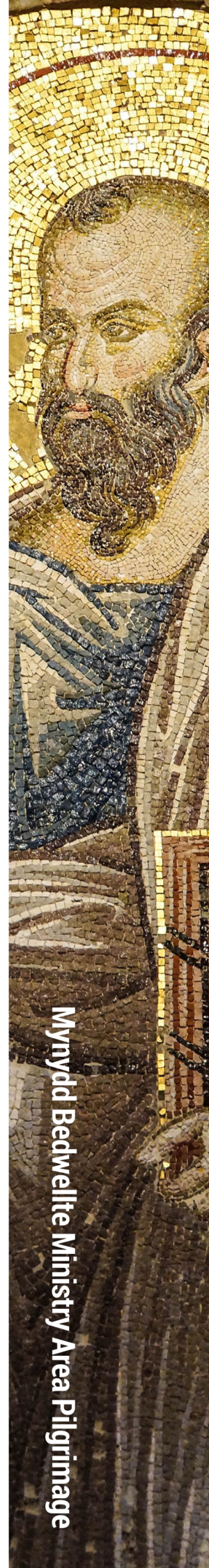
The men traveling with Saul stood there speechless; they heard the sound but did not see anyone. Paul got up from the ground, but when he opened his eyes he could see nothing. So they led him by the hand into Damascus. For three days he was blind, and did not eat or drink anything.

Prayer for Abertysswg

God of transformation,
We lift before you the community of Abertysswg.
May your gospel take root and flourish here.
Where there is need, bring help;
Where there is sorrow, bring comfort;
Where there is potential, bring courage.
As you changed St Paul, keep changing us.
Bless this village and all its people. Amen.

Sending: To the Pilgrims

Go forward in peace, and may the faith of St Paul
and the love of Jesus strengthen you on the way.



Mynydd Bedwellte Ministry Area Pilgrimage

St Dingats 12.50 pm

Welcome and Introduction

We gather at this holy place, giving thanks for the faith of St Dingat. and asking Jesus to bless this church and its community.

Faithfulness Passed On

St Dingat was one of the many saintly children of King Brychan Brycheiniog, a 5th-century Welsh ruler. He is associated with the founding of Llandovery, where he is believed to be buried. His legacy lives on through his faith, the Christian witness of his descendants, and the influence he had on shaping Welsh Christian heritage.

Reflection

Dingat's legacy lies not only in what he did but in those he raised. His faith shaped his family and his community. We remember that long-lasting faithfulness often begins at home. God calls us to seek justice and transform unjust structures of society, and we honour the faith of those before us by building a world of fairness and peace for those who come after.

What does your legacy look like?

2 Timothy 1:5-7

I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now lives in you also. For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands. For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

Prayer for New Tredegar

God of generations,
Thank you for New Tredegar, for its families,
homes, and schools.
May it be a place where faith is nurtured and
passed on,
Where kindness is taught and lived,
And where hope grows from one heart to another.
May the faithfulness of St Dingat echo in this place
today. Amen.

Sending: To the Pilgrims

Go forward in peace, and may the faith of St Dingat
and the love of Jesus strengthen you on the way.

St Sannan 3pm

Welcome and Introduction

We gather at this holy place, giving thanks for the faith of St Sannan. and asking Jesus to bless this church and its community.

Known to Us, Known to God

A lesser-known Welsh saint but one well-loved in our area, St Sannan is believed to have lived in the early medieval period. He is closely associated with Bedwellty and may have engaged in missionary work in both Wales and Brittany. Tradition suggests he was a friend of St David and possibly even a brother to St Patrick (the Irish one) . Remarkably, it is said that he died on the same day as St David, symbolising their deep spiritual connection.

Reflection

Though lesser-known, St Sannan is deeply rooted here. His life teaches us that faithfulness in small places can have an eternal impact. God sees what the world may miss. In this beautiful place, we are reminded of what it is to strive to safeguard creation to walk gently, to love humbly, and to care deeply for all God has made.

How can you care for nature so that we and future generations can live well?



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Micah 6:6-8

With what shall I come before the Lord
and bow down before the exalted God?
Shall I come before him with burnt offerings,
with calves a year old?
Will the Lord be pleased with thousands of rams,
with ten thousand rivers of olive oil?
Shall I offer my firstborn for my transgression,
the fruit of my body for the sin of my soul?
He has shown you, O mortal, what is good.
And what does the Lord require of you?
To act justly and to love mercy
and to walk humbly with your God.

Prayer for Bedwellty

God of quiet faithfulness,
We pray for Bedwellty and all who are connected
to this ancient place.
Though the world may forget, you remember.
May your presence be known here,
In laughter and lament, in gatherings and in
silence.
Like St Sannan, may we be faithful in the small
things
And steadfast in our witness. Amen.

Sending: To the Pilgrims

Go forward in peace, and may the faith of
St Sannan and the love of Jesus strengthen you on
the way.



The Road Ends

Welcome

We gather at this holy place, giving thanks for the faith of Our Saints, and asking Jesus to bless all we have seen.

ARISE WITHIN ME

Arise within me, Holy mystery, Holy friend
keep danger near enough for the summoning of protection
keep doubt strong enough for the deepening of trust
keep despair near enough for the stirring of hope
keep darkness strong enough for the glimmering of light
keep hostility near enough for the sustaining of peace
keep fear strong enough for the arousing of love
keep greed near enough for the lavishing of generosity
keep uncertainty strong enough for the bolstering of courage
keep surprise near enough for the gifting of grace
keep chaos strong enough for the flowering of creativity
keep divinity near enough for the perfecting of humanity
Arise within me, Holy mystery, take me to hallowed ground.

Carolyn Smyth

Psalm 91:2, 4

This I declare about the Lord: He alone is my refuge, my place of safety; He is my God, and I trust him. He will cover you with his feathers. He will shelter you with his wings. His faithful promises are your armor and protection. Do not be afraid of the terrors of the night, nor the arrow that flies in the day.

We respond

God of courage and community,
you call us to proclaim the Good News of your Kingdom.
**Strengthen us to speak truth with boldness and love,
and to live with hope in our communities.**

God of joy and simplicity,
you call us to teach, baptise, and nurture new believers.
**Help us to pass on the faith with clarity and joy,
doing the little things that build your Kingdom.**

God of transformation,
you call us to respond to human need with loving service.
**Change our hearts to see the needs around us,
and give us compassion to serve as Christ served.**

God of generations,
you call us to seek justice and transform unjust structures of society.
**May we honour the faith of those before us by building a
world of fairness and peace for those who come after.**

God of quiet faithfulness,
you call us to strive to safeguard the integrity of creation
and sustain and renew the life of the earth.
**Teach us to walk gently, to love humbly, and to care deeply for
all you have made.**

The Celtic Blessing

**May the peace of the Lord Christ go with you,
wherever He may send you.
May He guide you through the wilderness,
protect you through the storm.
May He bring you home rejoicing
at the wonders He has shown you.
May He bring you home rejoicing
once again into our doors.**

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen



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Bible Readings from the NIV
Poems from the Iona community

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